

# My Circle Of Support at my work place



# My Job



My Job Title is Admin Support. At work I do; filing, post. Scanning, Easy read & Support Others



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I have a circle support at work & it is first class!  
In the next few slides I will describe what it is  
and How I run it.



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# What is a Circle of Support?



A circle of support is a group of people who meet together to give support and friendship to a person. The people in a circle should know and care about the person who needs support. A group of people find it easier to sort things out together than someone on their own. They may have new ideas.



# What is a Circle of Support?



People with learning disabilities often find a circle of support is a good way to make their life better. They may want to try new things, meet new people or plan for a change in their life.



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# What is a Circle of Support?



Circle meetings are best when they are friendly and fun. It helps to think about how you can get people to enjoy themselves. A cup of tea and biscuits (or whatever you enjoy) can help. In my case we have lunch together



# My Circle of Support at work



*Me with my Circle Meeting Members*



# My circle of support



- My circle is part of me
- Me getting along with my colleagues
- Building up my workload
- It is good to have circle members thinking of jobs for me to do





# Choosing circle members

- Working with lots of different colleagues
- When one person leaves the circle I choose who will replace them
- I choose people from all the departments
- I decide who to invite
- There are 2 original members



# The role of circle members

Circle members should:

- ✓ make relationships
- ✓ social time
- ✓ discussions to help me think about different jobs that are available
- ✓ help to make things happen.



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# At the circle meeting

- I write an agenda and send it to the circle
- I lead the meetings
- I ask a member to take notes of the meeting
- I ask the note taker to send a summary of key points after the meeting





***Chairing my circle meeting***



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